



Karam Kriya School

Training in Karam Kriya Consultancy, Kundalini Yoga Teaching & Applied Numerology

Quinta do Rajo, Rua do Rajo 1, Santa Susana, 2705-736 Sao Joao das Lampas
info@quinta-do-rajo.pt

To: whom it may concern

06 Feb 2020

Re: recommendation for Maryam Bartawi (AKA Ananda Sangeet Kaur)

Dear Sir/Mdm

I write to confirm that Maryam Bartawi (AKA Ananda Sangeet Kaur), resident in Dubai, citizen of UAE, is currently studying on the International Teacher Training Level 1(Instructor) in Kundalini Yoga as taught by Yogi Bhajan

This course is internationally recognised, being licensed and certified by the Kundalini Research Institute (KRI) whose headquarters are in New Mexico, USA.

She is progressing well through training and we are confident that she will complete the course in good fashion and pass all the requirements for certification;by April 2020.

We encourage trainees to gain teaching experience, especially through covering for other teachers when needed and through offering the yoga as a free or donation based service in social projects.

I welcome and appreciate your trust and confidence in our program. And thank you in advance to give any appropriate opportunities to our student.

Please don't hesitate to contact me if you have any queries.

With blessings

Shiv Charan Singh
Director of the International Karam Kriya School
Senior Trainer for Level 1, 2 and 3



<https://kundaliniresearchinstitute.org>